

Learning for Life

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**ADULT
COMMUNITY
LEARNING**



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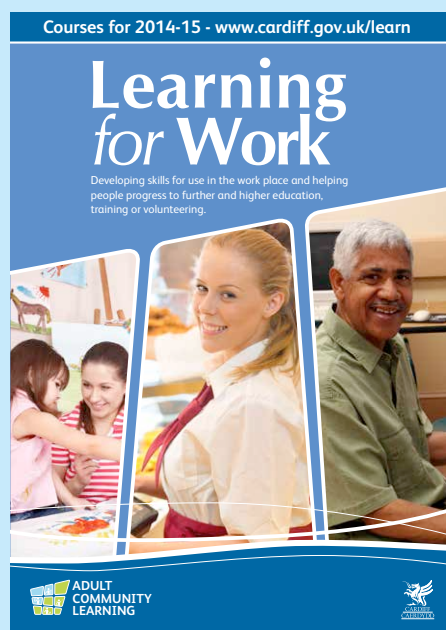
Welcome to the Learning for Life programme for 2014-15 run by Cardiff Adult and Community Learning (ACL). This brochure is packed with exciting courses from Crafts to Computers and so much more, all to give you inspiration for learning this year.

Our courses are suitable for learners age 16 and above as part of Cardiff Council's Commitment to providing education opportunities for all.

Courses are available in many venues across Cardiff, check out the listings inside for more details. Many courses fill up quickly so enrol early to secure your place, and make this year your year to try something new.

New for 2014/15

Enrol online now for all our life courses at www.cardiff.gov.uk/learn. Pay with a debit or credit card.



Learning for Work

In addition to the courses listed in this brochure, the Adult Community Learning Service offer a range of flexible learning opportunities that are designed to support individuals to take their first steps back into learning and to assist them to progress to further learning, training or employment.

These Welsh Government funded courses are offered free to learners and include a range of IT courses as well as courses that assist with the development of skills for those looking for work in childcare, hospitality or retail.

Individuals aged 16 years and above who are eligible to enrol on these courses include:

- those who are not currently in education, training or employment and are in receipt of state benefits or support (excluding state retirement pension)
- those aged 50 plus who are not in full-time employment.

If you want to enrol on one of these courses but you do not meet the eligibility criteria then you can enrol by paying the fees listed on page 4 of this brochure.

For more information on these courses look out for the Learning for Work brochure, visit the website or contact 02920 231652.

Member of C&VCLP

Cardiff and Vale Community Learning Partnership is a partnership of adult learning providers recognised by the Welsh government working together to ensure high standards of adult education are maintained.



TERM DATES**AUTUMN**

22/9/14 - 5/12/14

HALF TERM

27/10/14 - 31/10/14

SPRING

12/1/15 - 27/3/15

16/2/15 - 20/2/15

SUMMER

20/4/15 - 6/7/15

25/5/15 - 29/5/15

MAY DAY: 4/5/15

Classes fill
up quickly,
be first in the
queue. Enrol
online!

HOW TO ENROL**Enrol online:** www.cardiff.gov.uk/learn

Payment accepted with a debit or credit card. Online enrolment is the best way to book your course. You can enrol quickly and easily.

Enrol in person at Severn Road Centre Or City Centre Advice Hub

Severn Road Centre

Upper Floor, Severn Road Junior School
Severn Road, Canton CF11 9DZ

Open for enrolment

Monday – Thursday 10am -2pm

Marland House Hub

Central Square,
Cardiff CF10 1EP

Open for enrolment

Monday-Friday 10am-5pm

You can pay with cash, cheque or card at these venues.

Information and enrolment day at the Howardian Centre, Saturday 13th September 11am-2pm.

Please note we take enrolments from 1st July. When you attend the information and enrolment day, some courses will be fully booked. If in doubt, book online now!

By post

Complete the enrolment form in the centre of this brochure and make your **cheque payable to Cardiff Council**. Post to Severn Road Centre.

If you would like a receipt, please enclose an A5 stamped, addressed envelope.

You can also download an enrolment form at www.cardiff.gov.uk/learn. A separate form is required for each course.

Need Advice?

Information is available at
www.cardiff.gov.uk/learn

Using the course search option you can discover information such as course structure, what you can expect to achieve during your learning, what to bring to your first session, venues close to you, fee information and much more.

The team based at Severn Road can provide advice and guidance in the 3 Adult Community learning programmes. Learning for Life, Learning for Work and DICE – Disability Inclusion in Community Education. They can help fill in your enrolment form, confirm your eligibility for the course and signpost to suitable levels for you to continue your learning journey.

Contact the Severn Road team on
02920 231652 or email
adultlearningquery@cardiff.gov.uk

HOW MUCH?

COURSE COSTS

Use the table below to calculate how much your course will cost. You can pay for your course in full or by termly instalments to help spread the cost.

2014/15 ACL COURSE FEES

| COURSE | FULL FEE | STATE PENSION OR FT STUDENT | REDUCED FEE | FULL FEE | STATE PENSION OR FT STUDENT | REDUCED FEE | FULL FEE | STATE PENSION OR FT STUDENT | REDUCED FEE |
|--------|----------|-----------------------------|-------------|----------|-----------------------------|-------------|----------|-----------------------------|-------------|
| Hrs/Wk | 2 | 2 | 2 | 1.5 | 1.5 | 1.5 | 1 | 1 | 1 |
| 1 Wk | 9.80 | 7.20 | 4.20 | 7.35 | 5.40 | 3.15 | 4.90 | 3.60 | 2.10 |
| 5 Wks | 49.00 | 36.00 | 21.00 | 36.75 | 27.00 | 15.75 | 24.50 | 18.00 | 10.50 |
| 10 Wks | 98.00 | 72.00 | 42.00 | 73.50 | 54.00 | 31.50 | 49.00 | 36.00 | 21.00 |
| 15 Wks | 147.00 | 108.00 | 63.00 | 110.25 | 81.00 | 47.25 | 73.50 | 54.00 | 31.50 |
| 30 Wks | 294.00 | 216.00 | 126.00 | 220.50 | 162.00 | 94.50 | 147.00 | 108.00 | 63.00 |

Extra charges may apply for materials such as pottery clay, glass and silver; this can vary per person depending on the size of your project so check out the web search for more information or speak to your tutor at the start of your course.

Other fees may be charged for example, life models are charged at £5 per class per term. There is a charge for exam certificates for some computer classes. Your tutor will be able to tell you the cost of accreditation at the time should you wish to complete your award.

REDUCED FEES

If you are entitled to a reduced fee you must show evidence of your benefits – either a recent DWP letter or bank statement, when you enrol in person or at your first class if enrolling by post or online.

You are entitled to a reduced fee if you are claiming any of the following benefits: State Pension Income Support/Pension Credit*, Working Tax Credit, Job Seekers Allowance, Housing Benefit, Exceptionally Severe Disablement Allowance, Personal Independence Payment, Employment Support Allowance, Industrial Disablement Benefit, Carers' Allowance, Incapacity Benefit, Council Tax Benefit Reduction.

TERMS AND CONDITIONS

The council reserves the right to cancel or limit lengths of courses. Learners will be entitled to a full or partial refund in event of course closure. In our mission to improve services we may relocate some classes to improved facilities. In the event of a change, you will be notified.

Refunds are only given in exceptional circumstances and only within the first two weeks of the course starting.

* Does not relate to the savings element of pension credit.

| | |
|--|---|
| Canolfan Beulah | Beulah Road, Rhiwbina, Cardiff CF14 6UJ |
| Canton Library | Library Street, Canton, Cardiff CF5 1QD |
| Cyncoed Methodist Church | Westminster Crescent, Cyncoed, Cardiff CF23 6SE |
| Highfields Church Centre | Monthermer Road, Cathays, Cardiff CF24 4QW |
| Howardian Centre | Hammond Way, Penylan Cardiff CF23 9NB |
| Insole Court | Fairwater Road, Cardiff CF5 2LN |
| Llandaff North Community Centre | Hawthorn Road East, Llandaff North, Cardiff CF14 2LR |
| Llanedeyrn Community Centre | (Powerhouse) Roundwood, Llanedeyrn, Cardiff CF23 9PN |
| Llanover Hall | Romilly Road, Canton, Cardiff CF5 1FH |
| Pentrebane Community Centre | Beechley Drive, Pentrebane, Cardiff, CF5 3SG |
| Radnor Road Primary School | Radnor Road Canton, Cardiff CF5 1RB |
| Radyr Adult Education Centre | Radyr Comprehensive, Heol Isaf, Radyr, Cardiff CF15 8XG |
| Rhiwbina Library | Pen-y-Dre, Rhiwbina, Cardiff CF14 6EH |
| Rhiwbina Memorial Hall | 1 Lon Ucha, Cardiff CF14 6HL |
| Roath Library | Newport Road, Cardiff CF24 0DF |
| Rumney Youth Centre | Llansteffan Road, Rumney, Cardiff CF3 3JA |
| Severn Road Centre | Severn Primary, Severn Road, Canton, Cardiff CF11 9DZ |
| Thornhill Church Centre | Excalibur Drive, Thornhill, Cardiff CF14 9GA |
| Ty Celyn Adult Education Centre | Cardiff High School, Llandennis Road, Cyncoed, Cardiff CF23 6WG |

ACCESSIBILITY

We aim to make our courses accessible to all. Every effort will be made to make reasonable adjustments, to enable you to access the learning programme of your choice. Please contact our help line on 02920 231652 to discuss your learning needs.

If you do have a disability or mental health problem, take a look at the ICT, Basic Skills and Confidence building courses in the separate Dice (Disability Inclusion in Community Education) brochure for disabled learners. These courses are specifically designed for people with either mental health issues, physical impairment and / or acquired brain injuries or a learning difficulty, who feel unable, at this point, to enrol on general adult community learning courses. Look out for the Dice flyer due soon.



Drawing and Painting

Learn to draw and paint and then develop your creative skills. Find a course to suit your level and ability. All classes start week commencing 22/9/2014 and it may be possible to join a class at any point during the year.



Drawing and Sketching: Explore fundamental drawing techniques in pencil and charcoal including use of tone and line, perspective, light and shadow, structure and composition to build a strong drawing foundation.

Howardian, Thur 10-12, 25/09/2014 - LHOWAR005 - Phil Watkins, 30 wks

Drawing & Painting Beginners: A class for those with little or no experience to build drawing and painting skills. Explore drawing techniques, paint applications working from still life and photographs.

Canolfan Beulah, Tues 10-12, 23/09/2014 - LBEUAR001 - Margaret Sian Williams, 30 wks

Drawing & Painting: Paint and draw with confidence. Develop creative and technical skills with a wide variety of media to include soft and oil pastel, pencil, charcoal drawing, pen and wash and watercolour.

Insole Court, Mon 1:15-3:15, 22/09/2014 - LINSAR001 - Phil Watkins, 30 wks

Howardian, Tues 10-12, 23/09/2014 - LHOWAR004 - Maggie Davies, 30 wks

Canolfan Beulah, Tues 1-3, 23/09/2014 - LBEUAR002 - Margaret Sian Williams, 30 wks

Drawing & Watercolour: Join an exciting, dynamic and fast paced class that guides you through the art of drawing and watercolour media. Weekly projects will focus on a variety of subject matter and techniques to include pastel drawing, pen and wash, pencil sketching and watercolour painting - all backed up with a tutor demonstration - experience, learn, enjoy!

Canolfan Beulah, Mon 10-12, 22/09/2014 - LBEUAR003 - Vaughan Cummins, 30 wks

Canolfan Beulah, Mon 1-3, 22/09/2014 - LBEUAR004 - Vaughan Cummins, 30 wks

Roath Library, Tues 10-12, 23/09/2014 - LROAAR001 - Vaughan Cummins, 30 wks

Severn Road Centre, Tues 2-4, 23/09/2014 - LSRCAR004 - Vaughan Cummins, 30 wks

Highfields Church Centre, Wed 10-12, 24/09/2014 - LHIGAR001 - Vaughan Cummins, 30 wks

Severn Road Centre, Wed 1-3, 24/09/2014 - LSRCAR001 - Vaughan Cummins, 30 wks

Thornhill Church Centre, Thur 10-12, 25/09/2014 - LTHOAR001 - Vaughan Cummins, 30 wks

Rhiwbina Memorial Hall, Thur 1-3, 25/09/2014 - LRHIAR001 - Vaughan Cummins, 30 wks

Radyr Adult Education Centre, Thur 7-9, 25/09/2014 - LRADAR001 - Vaughan Cummins, 30 wks

Highfields Church Centre, Fri 10-12, 26/09/2014 - LHIGAR002 - Vaughan Cummins, 30 wks

Drawing and Painting with Inks and Water Media: Using design fundamentals and colour theory create a range of compositions from still life to landscape using of inks, water media and drawing skills.

Howardian, Thur 7-9, 25/09/2014 - LHOWAR008 - Phil Watkins, 20 wks

Life Drawing and figure painting

Discover the basic skills of life drawing, understand proportion, simple anatomy and form. Draw a variety of poses, use a selection of drawing media to emphasise light and shade understand the purpose of life drawing and its place in the history of art.

Life Drawing:

Howardian, Wed 10-12, 24/09/2014 - LHOWAR006 - Maggie Davies, 30 wks

Creative Approaches in Art: Improve skills and make strong connections to imagery, abstract or representational. Understand colour theory and extend your drawing and painting skills.

Severn Road Centre, Mon 10-12, 22/09/2014 - LSRCAR003 - Phil Watkins, 20 wks



Watercolour, Oils & Acrylics

Learn the fundamentals of painting including composition colour, paint techniques and paint handling with a palette knife and brush, whilst working from still life and photographs.



Watercolour for Beginners: This class introduces watercolour techniques and builds slowly from the simple to the more complex. Demonstrations are part of this class but painting from photographs and still life are emphasized.

Howardian, Mon 10-12, 22/09/2014 - LHOWAR003 - Margaret Sian Williams, 30 wks

Watercolour Step by Step: Explore a variety of watercolour techniques including wet on wet, sponge and salt effects, pen and wash and explore colour theory to create wonderful effects and great paintings. Learn through step by step instruction and tutor demonstration. Each week you will produce a different painting. Come along and explore the possibilities that watercolour can offer.

Cyncoed Methodist Church, Mon 10-12, 22/09/2014 - LCYNAR001 - Andre Massaro, 30 wks

Radyr Adult Education Centre, Tues 7-9, 23/09/2014 - LRADAR003 - Andre Massaro, 30 wks

Ty Celyn Adult Education Centre, Wed 7-9, 24/09/2014 - LTYCAR001 - Andre Massaro, 20 wks

Watercolour Water Media Advanced: Students with painting experience explore a variety of approaches in planning and painting in watercolour, gouache, acrylic and inks. Design and composition as elements to effective painting are emphasised.

Howardian, Fri 10-12, 26/09/2014 - LHOWAR001 - Phil Watkins, 30 wks

Acrylic & Water Media Advanced: Develop your skills in acrylics, gouache and ink. Develop your individual style and gain a greater understanding of composition and mixed media approaches.

Howardian, Fri 1-3, 26/09/2014 - LHOWAR002 - Phil Watkins, 30 wks

Acrylic Painting: Join a rich and dynamic class that looks at the exciting world of acrylic painting. Learn how to use a variety of techniques from painting with a palette knife to fine brush handling and glazes. Subject matter is very diverse from portraiture to pets, all backed up with regular tutor demonstrations - make your mark with acrylics!

Highfields Church Centre, Fri 12:45-2:45, 26/09/2014 - LHIGAR003 - Vaughan Cummins, 30 wks

Oils & Acrylics: Learn the fundamentals of oil painting including composition, colour and paint handling whilst working from still life and photographs.

Ty Celyn Adult Education Centre, Mon 7-9, 22/09/2014 - LTYCAR002 - Phil Watkins, 30 wks

Pottery: Introduce beginners to a range of pottery techniques and encourage experienced students to expand their skills. Includes, hand building, wheel work and decorative techniques.

Howardian, Mon 10-12,
22/09/2014 - LHOWCR014
- Kristine Chapman, 20 wks

Howardian, Tues 7-9,
23/09/2014 - LHOWCR013
- Barry Akins, 30 wks



Creative Writing :

Stories we all have them, learn the craft of creative writing for pleasure and tell your story. Recall your memories, create poems and appreciate the work of other writers.

Howardian, Thur 10:30-12:30, 25/09/2014 - LHOWCR020 - Amanda Rackstraw, 30 wks

Mosaic : Use tiles, cement and grout to create beautiful colourful mosaics for home and garden. Including techniques such as cutting tiles, tools and adhesives and grouting No experience necessary.

Howardian, Wed 7-9, 24/09/2014 - LHOWLCR021 - Barry Akins, 20 wks



Stained Glass: Create a glass panel or a unique piece of stained glass using techniques such as leading, copper foiling, painting on glass and fusing.

Howardian, Mon 10-12, 22/09/2014 - LHOWCR003 - Laure Petiot, 30 wks

Howardian, Mon 1-3, 22/09/2014 - LHOWCR004 - Laure Petiot, 30 wks

Howardian, Mon 7-9, 22/09/2014 - LHOWCR005 - Laure Petiot, 30 wks

Howardian, Wed 7-9, 24/09/2014 - LHOWCR006 - Laure Petiot, 30 wks

Howardian, Thur 10-12, 25/09/2014 - LHOWCR007 - Laure Petiot, 30 wks

Howardian, Thur 1-3, 25/09/2014 - LHOWCR008 - Laure Petiot, 30 wks

Howardian, Thur 7-9, 25/09/2014 - LHOWCR009 - Laure Petiot, 30 wks



Wood Carving: Learn how to transfer a design to a piece of wood, and the skills to use, sharpen and take care of woodcarving tools, complete a carving project and apply a suitable finish to create unique and personal hand carved items.

Howardian, Thur 10-12, 25/09/2014 - LHOWCR010 - Alun Hemming, 20 wks

Wood Carving Lovespoons & Low Relief

Llandaff North Community Centre, Tues 1:30-3:30 - 23/09/2014 - LLDNCR001 - Arthur Thomas, 20 wks

Radyr Adult Education Centre, Tues 7-9, 23/09/2014 - LRADCR004 - Arthur Thomas, 10 wks

Sculpture Modelling Casting and Carving: This class teaches the wonders of sculpture including stone and wood carving. Learn how to use and care for tools, how to model in clay, make a mould and cast into a durable material. Suitable for all levels it's a diverse course with endless possibilities.

Howardian, Thur 1-3, 25/09/2014 - LHOWCR016 - Alun Hemming, 30 wks

Sculpture Stone & Wood Carving:

Howardian, Tues 10-12, 23/09/2014 - LHOWCR011 - Alun Hemming, 30 wks

Howardian, Tues 1-3, 23/09/2014 - LHOWCR019 - Alun Hemming, 20 wks

Howardian, Wed 10-12, 24/09/2014 - LHOWCR015 - Alun Hemming, 30 wks

Howardian, Wed 7-9, 24/09/2014 - LHOWCR017 - Alun Hemming, 30 wks



Flower Arranging: Flower arranging for everyone. Beginners will learn the basics of floral designs including colour theory and the language of flowers whilst those with some experience will extend their knowledge & creativity through topical challenges. Create table decorations for the home & gifts with this colourful course.

Rhiwbina Library, Thur 9.45-11.45, 25/9/2014 - LRHLCR002 - Gill French, 30 wks

Flower Arranging for Weddings and Special Occasions: Personalise your wedding by learning to make your own beautiful floral designs which will include :- Buttonholes & Corsages, Bouquets, Table Arrangements, A Variety of Flowers for the Church plus many more designs to suit your own needs.

Rhiwbina Library, Wed 1-3, 24/09/2014 - LRHLCR001 - Gill French, 20 wks

Radyr Adult Education Centre, Thur 7-9, 23/04/2015 - LRADCR006 - Gill French, 10 wks

Gardening for All Seasons: A seasonal approach to gardening is taken in this practical class. Learn how to take cuttings and extend your knowledge of plants and growing conditions Create hanging baskets and take a trip to visit a garden.

Rhiwbina Library, Tues 10-12, 23/09/2014 - LRHLCR003 - Val Thomas, 30 wks



Dressmaking & Soft Furnishings: Learn about fabrics, pattern cutting skills, stitching and seams and how to use a sewing machine to create unique individual products for you and your home.

Ty Celyn Adult Education Centre, Mon 7-9, 22/09/2014 - LTYCCR001 - Ceri Ring, 20 wks

Severn Road Centre, Wed 10-12, 24/09/2014 - LSRCCR002 - Ceri Ring, 20 wks

Learn to Sew & More: Want to make the perfect garment that fits like a glove? Join a sewing class and learn how. Follow step by step instructions with the help of a friendly tutor and watch your wardrobe grow!

Severn Road Centre, Wed 1-3, 24/09/2014 - LSRCCR005 - Ceri Ring, 20 wks

Revamp Your Wardrobe: All aspects of dressmaking are covered in this course including pattern adapting, fitting and garment alterations.

Radyr Adult Education Centre, Tues 7-9, 23/09/2014 - LRADCR007 - Ceri Ring, 20 wks

Sewing Workshop: Suitable for beginners and improvers, get to grips with a sewing machine, understand patterns add zips and work on your own projects. Lots of tips and tricks to improve your sewing skills.

Severn Road Centre, Thur 1-3, 25/09/2014 - LSRCCR006 - Julie Lewis, 20 wks

Severn Road Centre, Tues 7-9, 23/09/2014 - LSRCCR004 - Julie Lewis, 20 wks

Patchwork & Quilting: Come and enjoy learning new skills, or developing existing ones, in a friendly and stimulating class. Open to all levels, the class will provide beginners with a good grounding in the basics, while encouraging more experienced quilters to widen their quilting horizons. Students learn from each other, as well as from the tutor, in a supportive environment and are constantly amazed at the standards they achieve. All beginners start with a specific project, making a cushion, but after that can choose whether to work on a project of their own choice with help, or to follow a project taught by the tutor.

Howardian, Mon 10-12, 22/09/2014 - LHOWCR018 - Alison Holmquist, 25 wks

Radyr Adult Education Centre, Thur 9:45-11:45, 25/09/2014 - LRADCR001 - Alison Holmquist, 25 wks

Radyr Adult Education Centre, Thur 12:45-2:45, 25/09/2014 - LRADCR003 - Alison Holmquist, 25 wks

Upholstery & Basic Cane Seating: Learn traditional upholstery skills including style awareness, basic cane seating, how to strip back a chair, webbing, covering a chair and shaping the cushion. Come along with your project and give your old furniture a new lease of life.

Llandaff North Community Centre, Mon 9:30-11:30, 22/09/2014 - LLDNCR002 - Rosemary Banbury, 30 wks

Severn Road Centre, Wed 7-9, 24/09/2014 - LSRCCR001 - Rosemary Banbury, 30 wks

Severn Road Centre, Thur 10-12, 25/09/2014 - LSRCCR003 - Rosemary Banbury, 20 wks



Fashion Jewellery Making: Learn to make chainmail style jewellery and more. Design and create contemporary and original designs for gifts or personal wear.

Ty Celyn Adult Education Centre, Wed 7-9, 24/09/2014 - LTYCCR002 - Mari Hughes, 20 wks

Jewellery & Silversmithing Beginners: learn the skills needed to cut, join and shape silver, make settings for special stones and make unique items of jewellery.

Radyr Adult Education Centre, Tues 7-9, 23/09/2014 - LRADCR002 - Mari Hughes, 20 wks

Jewellery & Silversmithing Improvers: further develop your silver jewellery making skills in this follow on course.

Radyr Adult Education Centre, Thur 7-9, 25/09/2014 - LRADCR005 - Mari Hughes, 20 wks

Jewellery & Silversmithing: Experiment with silver, brass and copper to produce unique jewellery, learn how to cut, solder and enamel and discover dichroic glass.

Howardian, Tues 1-3, 23/09/2014 - LHOWCR001 - Laure Petiot, 30 wks

Howardian, Tues 7-9, 23/09/2014 - LHOWCR002 - Laure Petiot, 20 wks

Howardian, Wed 09:30-12:30, 24/09/2014 - LHOWCR012 - Laure Petiot, 30 wks

- 3 hour class. Fees for 10 week term £147 full fee / £108 state pension or ft student / £63 reduced fee.



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Our Widening Access Programme offers a range of **FREE** introductory taster courses in a variety of subjects including:

**Healthy Eating/Cooking
Complementary Therapies
Youth & Community work
Psychology
Health & Social Care, and many more.**

We are also offering pathways from some of these courses to **NEW** accredited modules.

These courses are delivered in Community First areas, if you would like to attend any of our courses please contact us for up to date course information at:

**Wideningaccess@cardiffmet.ac.uk
Tel: 029 2020 1563**

Cardiff Metropolitan University,
Freeport RTHX-HCHY-ARUG, Widening Access
Room MO.05, Llandaff Campus, Cardiff CF5 2YB

Mae ein Rhaglen Ehangu Mynediad yn cynnig ystod o gyrsiau blasu rhagarweiniol **AM DDIM** mewn nifer o bynciau yn cynnwys:

**Bwyta/Coginio Iach
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Iechyd a Gofal Cymdeithasol a llawer mwy.**

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**Wideningaccess@cardiffmet.ac.uk
Ffôn: 029 2020 1563**

Prifysgol Metropolitan Caerdydd,
Rhad Bost RTHX-HCHY-ARUG, Ehangu Mynediad
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Cake Decorating and Sugarcraft For Beginners: This course aims to teach all aspects of cake decorating, including cake covering, marzipan modelling and piping skills. It explores cake decorating materials and provides opportunities to experiment with different tools and techniques to complete a range of cakes for special occasions. This course is designed for absolute beginners and those who have made some family cakes at home. Join us for a fun, social class and amaze your family and friends with your achievements.

Ty Celyn Adult Education Centre, Mon 7-9, 22/09/2014 - LTYCFN003 - Carmel Lovell, 20 wks

Rhiwbina Memorial Hall, Mon 1:40-3:40, 22/09/2014 - LRHIFN003 - Carmel Lovell, 20 wks

Pentrebane Community Centre, Tues 11:35-1:35, 23/09/2014 - LPTBFN002 - Carmel Lovell, 30 wks

Cake decorating and Sugar Craft for Improvers: For improvers, If you know the basics of cake decorating join us on this course. You will learn about the latest trends and techniques in cake decorating in a friendly atmosphere. The content of this course changes every year to keep up with the latest trends and flowers. Typically you will complete a number of wired sprays – including some more unusual flowers, and create some cakes using new techniques and improving existing skills.

Rhiwbina Memorial Hall, Mon 9:30-11:30, 22/09/2014 - LRHIFN001 - Carmel Lovell, 20 wks

Rhiwbina Memorial Hall, Mon 11:35-1:35, 22/09/2014 - LRHIFN002 - Carmel Lovell, 30 wks

Pentrebane Community Centre, Tues 9:30-11:30, 23/09/2014 - LPTBFN001 - Carmel Lovell, 30 wks

Radyr Adult Education Centre, Tues 7-9, 23/09/2014 - LWHLFN004 - Carmel Lovell, 30 wks

Llandaff North CC, Wed 4:55-6:55, 24/09/2014 - LLDNFN001 - Carmel Lovell, 20 wks

Llandaff North CC, Wed 7-9, 24/09/2014 - LLDNFN002 - Carmel Lovell, 20 wks

Sumptuous Cakes & Cookies & Delicious Desserts.: Whether you're a complete beginner at baking or an expert that fancies extending their repertoire, this course is a sweet sensation from Red Velvet cake and profiteroles to delicious shortbread.

Radyr Adult Education Centre, Tues 7-9, 23/09/2014 - LRADFN002 - Patricia Hatch, 10 wks

Warming Hot Desserts & Cakes for Winter Months: Cook hot puddings and desserts and sweet treats for winter.

Radyr Adult Education Centre, Tues 7-9, 13/01/2015 - LRADFN007 - Patricia Hatch, 10 wks

Cakes and Delicious Cold Desserts for Summer: The great bake off is here! Learn to make summer cakes and cold desserts for the home and community events.

Radyr Adult Education Centre, Tues 7-9, 21/04/2015 - LRADFN009 - Patricia Hatch, 10 wks

A taste of the Mediterranean: Make mediteranean themed meals for your friends and family, vegetarian and healthy options available.

Ty Celyn Adult Education Centre, Wed 7-9, 24/09/2014 - LTYCFN008 - Sarah Hicks, 10 wks

Italian Food and Wine: This popular Italian cookery course explores dishes from antipasti to desserts plus suitable wine accompaniments and tastings, A selection of Italian dishes are cooked weekly. Bon appetito!

Ty Celyn Adult Education Centre, Mon 7-9, 22/09/2014 - LTYCFN001 - Sarah Hicks, 10 wks

Radyr Adult Education Centre, Thur 7-9, 15/01/2015 - LRADFN001 - Sarah Hicks, 10 wks

Howardian, Tues 7-9, 21/04/2015 - LHOWFN002 - Sarah Hicks, 10 wks



Cook Curries: Cook Curries from around the world including Thai and Indian curry dishes, from a mild curry to a hot curry, there are plenty of recipes for a spicy palette in this class.

Howardian, Tues 7-9, 23/09/2014 - LHOWFN001 - Sarah Hicks, 10 wks

Ty Celyn Adult Education Centre, Mon 7-9, 20/04/2015 - LTYCFN006 - Sarah Hicks, 10 wks

Cookery from Around The World: Explore the colours, vibrancy and the flavours of cuisine from around the world. Experience taste sensations from a different continent each week.

Ty Celyn Adult Education Centre, Mon 7-9, 12/01/2015 - LTYCFN004 - Sarah Hicks, 10 wks

Cooking with Spices: Know your cardamon from your cinammon, your thyme from your tarragon? This cookery course shows how to use spices to enhance foods and add flavour to your recipes.

Radyr Adult Education Centre, Thur 7-9, 25/09/2014 - LRADFN006 - Sarah Hicks, 10 wks

Greek and Spanish Cookery: Tapas, Mezza and more in this Cookery class of European delights. Recreate your holiday meals and relive your memories.

Howardian, Tues 7-9, 13/01/2015 - LHOWFN005 - Sarah Hicks, 10 wks

Indian cookery: Discover taste sensations from many regions of India. Experiment with spices and learn how to cook snacks, starts and main courses. The course is progressive, you can join in any term and build up your culinary repertoire.

Radyr Adult Education Centre, Thur 7-9, 25/09/2014 - LRADFN003 - Uma Sims, 10 wks

Radyr Adult Education Centre, Thur 7-9, 15/01/2015 - LRADFN004 - Uma Sims, 10 wks

Radyr Adult Education Centre, Thur 7-9, 24/04/2015 - LRADFN005 - Uma Sims, 10 wks

North African cookery: From Morocco to the Pyramids, a taste sensation of North African cuisine including meat and vegetarian main meals and side dishes.

Radyr Adult Education Centre, Thu 7-9, 23/04/2015 - LRADFN008 - Sarah Hicks, 10 wks

Vegetarian Cookery: Discover the health benefits of vegetarian cookery by using a wide variety of pulses, grains and spices to create a range of multicultural dishes. Recipes are given out on a weekly basis.

Ty Celyn Adult Education Centre, Wed 7-9, 14/01/2015 - LTYCFN005 - Sarah Hicks, 10 wks

Health

Keep Fit 50 Plus: Gentle exercise to music followed by toning floorwork exercises to improve your fitness, stamina and strength.

Howardian, Mon 10-11, 22/09/2014 - LHOWHC001 - Claire Layton, 30 wks

Howardian, Mon 11-12, 22/09/2014 - LHOWHC002 - Claire Layton, 30 wks

Keep Fit with Weights 50 Plus: Using 14 different exercise stations work all major muscle groups to improve cardiovascular fitness, muscle strength, flexibility and balance.

Howardian, Tues 10-11, 23/09/2014 - LHOWHC007 - Claire Layton, 30 wks

Howardian, Wed 10-11, 24/09/2014 - LHOWHC003 - Claire Layton, 30 wks

Howardian, Wed 11-12, 24/09/2014 - LHOWHC004 - Claire Layton, 20 wks

Howardian, Fri 10-11, 26/09/2014 - LHOWHC005 - Claire Layton, 20 wks

Howardian, Fri 11-12, 26/09/2014 - LHOWHC006 - Claire Layton, 20 wks

Tap Dance for Beginners: Want to learn to dance, keep fit and enjoy the sound of music? Tap dance may be for you. You will quickly learn your hop step from your timestep and pick up many dance routines. No experience necessary.

Ty Celyn Adult Education Centre, Wed 7-9, 24/09/2014 - LTYCHC002 - Robin Abel, 20 wks

Yoga: Yoga is for everyone. It is all about poses. Gradually if you practise them regularly you gain the three S's needed for health, Strength, Suppleness and Stamina. If you have had back problems, you'll pick up tips to keep the pain away, you learn to listen to your own body, and every lesson ends with a deep relaxation session that leaves you feeling calm and peaceful.

Insole Court, Mon 9:30-11, 22/09/2014 - LINSHC001 - Helen Lloyd Jones, 20 wks

Radnor Road Junior School, Mon 7 - 8:30, 22/09/2014 - LRRJHC001 - Minu Mandora, 20 wks

Canolfan Beulah, Tues 9.45-11:15, 23/09/2014 - LBEUHC001 - Helen Lloyd Jones, 20 wks

Ty Celyn Adult Education Centre, Tues 7-9, 23/09/2014 - LTYCHC001 - Pam Trounce, 30 wks

Canolfan Beulah, Thur 2 - 3:30, 25/09/2014 - LBEUHC002 - Jill Boone, 30 wks

Rumney Community Education Centre, Fri 10-11.30, 26/09/2014 - LRUMHC001 - Pam Trounce, 10 wks

Guitar-Beginners: A beginners guitar course that teaches over 30 popular songs using chords and finger picking styles.

Ty Celyn Adult Education Centre, Wed 7-9, 24/09/2014 - LTYCMU001 - Dafydd Wyn Roberts, 20 wks

Piano Courses: A fun and friendly way of learn to play the piano. We learn on keyboards, playing together as a class or in small groups. This class is suitable for complete beginners to grade 1. We aim to learn pieces in a variety of styles, scales, sight reading and duets.

Piano Beginners and Intermediate:

Howardian, Tues 11-12.30, 23/09/2014 - LHOWMU004 - Jayne Thomas, 20 wks

Piano Intermediate:

Howardian, Tues 9:30-11, 23/09/2014 - LHOWMU003 - Jayne Thomas, 20 wks

Singing for Everyone: Take pleasure and gain confidence from singing in a group, learn a variety of songs by ear and perform a short concert.

Severn Road Centre, Mon 1:15-3:15, 22/09/2014 - LSRCMU001 - Celia Webb, 20 wks



Singing in a Choir for Beginners: Ever wanted to sing in a choir, but not sure which one to join? This course is a stepping stone to finding a choir for you, giving you the courage to use your voice. You will sing rounds and easy two part songs. Learning the basics of following a score and understanding basic musical terms should you want to join a more traditional choir.

Howardian, Tues 1-3, 23/09/2014 - LHOWMU002 - Jayne Thomas, 20 wks

Singing in Harmony: If you are looking to return to singing in a choir but need a little courage, or you sang in the school choir, or played an instrument and want to have a go at singing, then this course is for you. Sight reading is not required, but a basic understanding of music will be useful. We sing in a range of styles and languages mainly 3 and 4 part harmony.

Howardian, Thur 1-3, 25/09/2014 - LHOWMU001 - Jayne Thomas, 30 wks

Languages

Learning a new language is exciting and interesting, enabling you to 'tune in' to conversations and broadcasts when you are on holiday and to start communicating with people who don't speak English. We offer courses in SPANISH, FRENCH, ITALIAN and BRITISH SIGN LANGUAGE (BSL).

Year 1 you will cover the basics such as introducing yourself, translating simple sentences and exchanging essential information, such as asking directions. By the end of the year you will be getting a feel for the language and culture, the word order and vocabulary. In Year 2 you will gain more of a grasp of the grammar, working with different tenses and expanding the topics you can talk about. We also offer Advanced Conversation classes for experienced language learners who wish to meet weekly and practise their skills. All our recreational Languages courses are free of exams and have a pleasant social aspect to them; occasionally groups of learners will arrange to view a foreign language film at Chapter or visit a relevant exhibition.

French 1

Severn Road Centre, Thurs 10-12, 25/09/2014 - LSRCLF001 - Sophie Curien, 20 wks

Radyr Adult Education Centre, Thurs 7-9, 25/09/2014 - NEW - LRADLF002, 20 wks

French 3

Howardian, Fri 10-12 26/09/2014 – LHOWLF002 – Cath Lawson, 30 Weeks

French Conversation Advanced

Howardian, Fri 10-12, 26/09/2014 - LHOWLF001 - Dany Hayman, 20 wks

Canolfan Beulah, Thurs 9:30-11:30, 25/09/2014 - LBEULF004 - Valerie Hannagan Lewis, 30 wks

Canolfan Beulah, Tues 2:30-4:30, 23/09/2014 - LBEULF001 - Valerie Hannagan Lewis, 30 wks

Canolfan Beulah, Tues 12-2, 23/09/2014 - LBEULF002 - Valerie Hannagan Lewis, 30 wks

Severn Road Centre, Wed 10-12, 24/09/2014 - LSRCLF002 - Cath Lawson, 20 wks

Canolfan Beulah, Wed 2-4, 24/09/2014 - LBEULF003 - Valerie Hannagan Lewis, 30 wks

Canolfan Beulah, Wed 9:45-11:45, 24/09/2014 - LBEULF005 - Valerie Hannagan Lewis, 30 wks

Radyr Adult Education Centre, Tues 7-9, 23/09/2014 - LRADLF001 - Cath Lawson, 30 wks

Italian 1

Radyr Adult Education Centre, Thurs 7-9, 25/09/2014 - LRADLI001 - Chiara Tassini, 20 wks

Spanish 1

Ty Celyn, Mon 7-9, 22/09/2014 - LTYCLS001 - Maria Morris, 20 wks

Howardian, Thurs 10-12, 25/09/2014 - LHOWLS002 - Paloma Galvez Corredor, 20 wks

Spanish 2

Severn Road Centre, Tues 7-9, 23/09/2014 - LSRCLS001 - [REDACTED], 20 wks

Spanish Advanced

Howardian, Tues 10-12, 23/09/2014 - LHOWLS001 - Maria Morris, 20 wks

Spanish Advanced Conversation

Howardian, Mon 10-12, 22/09/2014 - LHOWLS003 - Maria Morris, 20 wks

BSL Level 1

Ty Celyn, Mon 7-9, 22/09/2014 - LTYCLB001 - Jacqui Medley, 30 wks

Severn Road Centre, Wed 7-9, 24/09/2014 - LSRCLB002 - Natasha Annandale, 30 wks

Severn Road Centre, Thurs 10-12, 25/09/2014 - LSRCLB003 - Andrea Taffurelli, 30 wks



Computers & Internet Introduction: If you have never even switched a computer on, our courses are designed to give an understanding of computers and the internet. No prior knowledge is needed on our beginner courses and within a matter of weeks you will have the confidence and knowledge to produce simple documents, navigate the internet, access a range of interesting websites, use search engines efficiently, email and print from websites. We have a full range of ICT courses available such as European Computer Driving Licence (ECDL), Computer Literacy and Information Technology (CLAIT) etc. Please see the Learning for Work brochure.

Rhiwbina Library, Fri 10-12, 27/09/2013 - LRHLIT006 - Mark Francombe, 10 wks

Rhiwbina Library, Mon 10-12, 12/01/2015 - LRHLIT004 - Mark Francombe, 10 wks

Digital Camera Basics: This course concentrates on how to take impressive photographs. Understand the settings on your camera, light sources, apertures and how to take good photos both indoors and out.

Rhiwbina Library, Fri 1-3, 26/09/2014 - LRHLIT001 - Mark Francombe, 10 wks

Digital Imaging Basics: Understand and use Photoshop Elements package to manipulate images, repair damaged photos, change colour and remove unwanted areas use web images or upload your own.

Rhiwbina Library, Fri 1-3, 16/01/2015 - LRHLIT005 - Mark Francombe, 10 wks

Digital Imaging Intermediate: Develop further your digital imaging skills Discover new tools and palettes to resize, edit and recolour your images to create unique digital images on your chosen subject.

Rhiwbina Library, Fri 1-3, 24/04/2015 - LRHLIT002 - Mark Francombe, 10 wks

Know your lap top: Discover your laptop for skype, online shopping and social media use and more . Please bring a fully charged laptop to the session.

Rhiwbina Library, Mon 1-3, 22/09/2014 - LRHLIT007 - Mark Francombe, 10 wks

Rhiwbina Library, Mon 1-3, 12/01/2015 - LRHLIT008 - Mark Francombe, 10 wks

Saturday 13th September
Venue Howardian,
Time 10am -3pm
Cost £30

- Stained glass
- Pottery
- Pet portraits
- Seascape painting in acrylics
- Cake decorating butter cream cake & piped flowers
- Singing for fun
- Wrap your gadget in a patchwork cover
- Fashion Jewellery making with wire and beads
- Indian head massage
- Spanish book club and conversation
- Crochet for beginners.
- Reflexology

Saturday 22nd November
Venue Radyr Comprehensive
Time 10am – 3pm
Cost £30

- Pastel workshop
- Christmas cake decorating
- Indian Cookery
- Festive food for entertaining
- Indian head massage
- Mosaic
- Fashion jewellery making
- Card Making for Christmas
- Funky Fabric Christmas Decorations
- Making the most of your sewing machine
- Crochet for beginners
- Laptops, Tablets & Mobile Phones
- Introduction To Art History

Saturday 1st November at City Hall - 2 Hours
In partnership with the Made by Hand event

- 10:30am -12:30pm Fabric hearts and decorations
Cost £10
- 1pm-3pm 3D Fabric owls
Cost £10

Sunday 2nd November at City Hall - 2 Hours

- 10:30am -12:30pm Mosaic
Cost £10
- 1-3pm Throwing a pot and making clay flowers
Cost £10

Please book online at www.cardiff.gov.uk/learn
 Fees do not include admission to the event,
 for more details visit <http://madebyhand-wales.co.uk>.

Saturday 21st February
Rhiwbina Library 10am-3pm

- Covering sugarpaste cakes with sharp edges.
Tutor Carmel Lovell
Cost £30

Saturday 28th March
Rhiwbina Library 10am-3pm

- Brush embroidery effects for cake decorating.
Tutor Carmel Lovell
Cost £30

Llanover Hall

You can now book online for courses at Llanover Hall. Bookings will no longer be taken at the venue. For more details on how to enrol, please see page 3.

| | | | |
|--------------------------------|-----------------|-------------------|--------|
| Drawing and Painting: | Tuesday 10-12 | Caroline Richards | 30 wks |
| Life Drawing: | Tuesday 1-3 | Fran Whiteside | 30 wks |
| Pottery: | Tuesday 7-9 | Lisa Barry | 30 wks |
| Life Drawing: | Tuesday 7-9 | Fran Whiteside | 30 wks |
| Watercolour: | Wednesday 10-12 | Andre Massaro | 30 wks |
| Watercolour: | Wednesday 1-3 | Andre Massaro | 30 wks |
| Pottery: | Wednesday 7-9 | Alison Graham | 30 wks |
| Using a Digital Camera: | Wednesday 7-9 | Gwyn Williams | 30 wks |
| Guitar Imps: | Wednesday 7-9 | Henk Bakker | 30 wks |
| Pottery: | Friday 10-12 | Lisa Barry | 30 wks |

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Menter Caerdydd

Menter Caerdydd (Welsh language Initiative funded by Welsh Government) was established in June 1998 with the aim of promoting and expanding the use of the Welsh Language in Cardiff by creating opportunities for the city residents to use the language outside working hours and outside school gates. Since 2009 Menter Caerdydd have worked successfully in partnership with Cardiff Council's Adult Community Learning Department to provide a wide range of adult recreational classes through the medium of Welsh for the residents of Cardiff. Since 2009 Menter Caerdydd have managed to engaged a diverse range of adult students in terms of age and city abode. Our courses include Photography, Spanish, Italian, Flower Arranging, Creative Writing, Cookery, Guitar, Local History, Arts and Crafts, Bootcamp, Pilates, Keep fit for 55+ and Baking!

Since September 2012 we have worked with Cardiff Council to develop and deliver a programme of accredited Welsh medium training courses for adults to earn further skills and qualifications. The programme includes courses in various areas such as health and safety, Sports Coaching, First Aid, Professional Development, Welsh language Grammar workshops and Managing Behaviour. Many of the courses offer Level 2 accreditation or a certificate/qualification awarded by a National/Governing body. We hope you make the most of some of our training opportunities.

For more details and information on how to enrol on these courses, please visit: www.mentercaerdydd.org



“Diolch Menter Caerdydd! Mae wedi bod yn ffordd wych o gymdeithasu yn hytrach na gorfod dysgu ar fy mhen fy hun. Mae’n dda gweld cymaint o amrywiaeth o gyrsiau’n cael eu cynnig drwy gyfrwng y Gymraeg”

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ACL - Learning for Life Enrolment Form

1. Personal Details

Title: Mr/Miss/Mrs/Ms/Other

Surname Forename

Surname at age 16 Gender M F Date of Birth MM DD YY

Employed **Retired** **Unemployed:** Seeking work Not Seeking work

2. Address

House No. & Street

Area

Town/City

Post Code

3. Contact Details

Mobile

Home Tel

E-mail

4. Course information

Course Code L Course Title

Term: Autumn Spring Summer Day M Tu W Th F Sa Su Time HH MM

How did you hear about our courses? Date Learner starts course DD MM YY

Website Press Advertisement Word of Mouth Leaflet Brochure

Social Media Other eg. Job Centre plus, Communities First, etc.

I DO NOT give permission for WG to provide details of other learning opportunities and possibly contact me in the future

I DO NOT give my permission for Learning Records Service to share my data about my learning

5. Fee Information

Amount Paid By Learner £ .

Full Fee Reduced Fee, Please tick all that apply below. Receipt No.

Please tick all that apply below. Cheque Cash Card Invoice

- | | |
|---|---|
| <input type="checkbox"/> B1 In receipt of State Pension | <input type="checkbox"/> C6 Disability Living Allowance |
| <input type="checkbox"/> B2 Full Time Students | <input type="checkbox"/> C7 Employment Support Allowance |
| <input type="checkbox"/> C1 Income Support/ Pension Credit* | <input type="checkbox"/> C8 Industrial Displacement Benefit |
| <input type="checkbox"/> C2 Working Tax Credit | <input type="checkbox"/> C9 Carer's Allowance |
| <input type="checkbox"/> C3 Jobseekers Allowance | <input type="checkbox"/> C10 Incapacity Benefit |
| <input type="checkbox"/> C4 Housing Benefit | <input type="checkbox"/> C12 Council Tax Benefit Reduction |
| <input type="checkbox"/> C5 Exceptionally Severe Disablement Allowance. | <input type="checkbox"/> C13 Personal Independence Payment |

*Does not relate to savings element of pension credit

7. National Identity

Welsh Scottish Irish British English Other, Please Specify below

Resident in the UK for the last 3 Years?

If not, refer to our office for advice and enter your permanent country

of domicile:

8. Help & Support

Do you have a disability, learning difficulty, mental health problem or any long standing illness?

No, Go to section 9 **Yes, Please select below**

- | | |
|--|--|
| <input type="checkbox"/> Visual impairment | <input type="checkbox"/> Severe learning difficulties |
| <input type="checkbox"/> Hearing impairment | <input type="checkbox"/> Profound and multiple learning difficulties |
| <input type="checkbox"/> Physical and/or medical difficulties | <input type="checkbox"/> Specific learning difficulties |
| <input type="checkbox"/> Behavioural, emotional and social difficulties | <input type="checkbox"/> SPLD – dyslexia |
| <input type="checkbox"/> Multi-sensory impairment | <input type="checkbox"/> SPLD – dyscalculia |
| <input type="checkbox"/> Autistic spectrum disorders | <input type="checkbox"/> SPLD – dyspraxia |
| <input type="checkbox"/> Speech, language and communication difficulties | <input type="checkbox"/> SPLD – attention deficit hyperactivity disorder |
| <input type="checkbox"/> Moderate learning difficulties | <input type="checkbox"/> General learning difficulties |

Will you need Support with your Learning? (e.g. large print, hearing loop, etc.)

No **Yes, please specify**

Help to evacuate the building in the event of an emergency/ fire drill?(e.g. I use a wheelchair)

No **Yes, please specify**

Name of Support Organisation, if applicable:

Full contact name and telephone number

9. Ethnicity

- | | | | |
|--|--|--|--------------------------------------|
| <input type="checkbox"/> White | <input type="checkbox"/> Gypsy/ Irish Traveller | <input type="checkbox"/> Irish | <input type="checkbox"/> Other White |
| <input type="checkbox"/> White & Asian | <input type="checkbox"/> White & Black Caribbean | <input type="checkbox"/> White & Black African | <input type="checkbox"/> Other |
| <input type="checkbox"/> Black Caribbean | <input type="checkbox"/> Black African | <input type="checkbox"/> Caribbean | <input type="checkbox"/> Black Other |
| <input type="checkbox"/> Bangladeshi | <input type="checkbox"/> Indian | <input type="checkbox"/> Chinese | <input type="checkbox"/> Pakistani |
| <input type="checkbox"/> Arab | <input type="checkbox"/> Other Asian | <input type="checkbox"/> Other Ethnicity | |

Any data supplied by you on this form will be processed in accordance with Data Protection Act requirements and in supplying it you consent to the Council processing the data for the purpose for which it is supplied. Further details of how your data is processed and shared can be found at www.wales.gov.uk/ llwr and www.learningrecordsservice.org.uk.

Signature

Date received:

Learner ID

| | | | |
|----------------------|----------------------|-------------------|--------------------------|
| Form Collected by : | <input type="text"/> | Evidence Checked? | <input type="checkbox"/> |
| Entered onto MIS by: | <input type="text"/> | Enter Date here | <input type="text"/> |